
Activity Therapist Resume

Job Objective

To obtain Activity Therapist position in an organization that will develop my skills.

Highlights of Qualifications:

- Huge experience in activity therapy operations
 - Deep knowledge of psychiatric diagnosis
 - Profound knowledge of patient care techniques
 - Wide knowledge of child, adolescent, adult and geriatric populations
 - Familiarity with mental health systems
 - Skilled in activity treatment procedures
 - Immense ability to work with patients of all ages
 - Amazing ability to handle stressful situations
 - Remarkable ability to facilitate therapy enrichment activities
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Professional Experience:

Activity Therapist
Spring Mountain Treatment Center, Seattle, WA
August 2007 – Present

Responsibilities:

- Conducted regular therapy groups.
- Maintained safe working environment.
- Monitored physical activity and progress of patients.
- Maintained patient information including therapeutic and contact details.
- Provided family education on treatment procedures.
- Ensured proper usage of medical equipment.
- Conducted community meetings.

Activity Therapist
MetroSouth Medical Center, Seattle, WA
May 2004 – July 2007

Responsibilities:

- Planned therapy sessions according to medical orders.
 - Evaluated therapy programs and recommended improvements.
 - Identified patient's interests and needs.
 - Developed treatment plan based on patient assessment.
 - Determined leisure activities to meet patient's mental and physical needs.
 - Encouraged patients to participate in sports, music, gardening and other health promoting skills.
 - Updated treatment plan according to patient progress.
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Education:

Bachelor's Degree in Recreational Therapy
Bethany College, Lindsborg, KS

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