
Certified Personal Trainer Resume

Job Objective

To obtain a position as Certified Personal Trainer with a small but dependable company where my experience can be beneficial in the growth of company.

Highlights of Qualifications:

- Profound knowledge of present industry and Personal Training fitness trends
 - Extensive knowledge of standard anatomy, physiology and kinesiology
 - Excellent communication and customer service skills
 - Strong energetic, enthusiastic and motivational
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Professional Experience:

Certified Personal Trainer
Club Fitness, Milwaukee, WI
February 2009 – Present

- Assisted in equipment usage and established personalized fitness programs.
- Designed fitness and nutritional programs.
- Trained consumers regarding healthy lifestyle alternatives.
- Provided outstanding and exceptional customer service.

Certified Personal Trainer
MediFit, Milwaukee, WI
September 2005 – January 2009

- Interacted with members and identified problem areas.
 - Studied and surveyed on members' needs and problems.
 - Prepared proper solution to carry out fitness goals.
 - Advised members on problems solving methods and recommended specific solutions.
 - Trained and assisted members on exercise equipment.
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Education:

Bachelor's Degree in Physical Education
Fullerton College, Fullerton, CA

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