
Certified Strength And Conditioning Specialist Resume

Job Objective

Professional Certified Strength and Conditioning Specialist in search of a highly established firm that will allow me to further boost my career in this field.

Highlights of Qualifications:

- Huge Collegiate sports nutrition experience
 - Profound knowledge of comprehensive fitness assessments, physiological adaptations
 - In-depth knowledge of growth and developmental issues
 - Proficiency in using basic spreadsheet and word processing programs
 - Ability to communicate effectively, both verbally and in writing
 - Ability to interface effectively with individuals at all levels of the organization
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Professional Experience:

Certified Strength and Conditioning Specialist
Jacobs Technology, Carbondale, IL
May 2006 – Present

- Treated soldiers who had acute musculoskeletal or heat injury
 - Reported data and analysis related to training, troop medical center visits.
 - Carried out unit observations and spot corrections while unit physical training and special populations.
 - Provided physical training to ascertain the safety of the soldiers.
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Education:

Bachelor's Degree in Physical Education
St. Thomas Aquinas College, Sparkill, NY

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