

DIETARY AIDE RESUME

A dietary aide works directly under a registered dietician in helping to set meal plans, provide counseling, and educate patients about the food and nutrition choices which will benefit them. Individuals in this position usually have an associate's degree or higher, although that is not always required. This field requires candidates who are knowledgeable, well-organized, and able to communicate effectively.

A dietary aide resume should emphasize education if you have it in a relevant field as well as other job experience in this position. If you don't have experience as a dietary aide, you should emphasize other professional skills such as communication skills, the ability to follow complex directions, and a strong nutritional knowledge. Three dietary aide resume format choices are presented below, and each one provides a different format and level of experience for the sample candidate.

Entry-Level Resume

Dietary aides who have just entered the field are likely coming out of school or transitioning from another related position. In the case of the former, emphasizing the courses you took can help remind employers that this knowledge is fresh in your mind. This is the position that Lucy Graves, the candidate in the dietary aide resume example below, finds herself in.

Lucy Graves

13 Regent Street
Chicago, IL 60290
Mobile: 312-771-3325
[email]

OBJECTIVE:

Energetic, compassionate, and highly motivated dietary aide seeking a position which allows for comprehensive communication to patients and dietary planning for those in need.

SUMMARY:

- Comprehensive knowledge of diet and exercise techniques
- Consistent dedication to continuing education
- Strong knowledge of ways to avoid nutritional traps
- Very compassionate and capable of listening to patient problems and dilemmas
- Excellent communication skills

EDUCATION:

Associate of Science in Nutritional Sciences, May 2014

University of Illinois, Champaign, IL

Graduated with a GPA of 3.3 on a 4.0 scale

Courses Included:

Fundamentals of Nutrition
Dietary Programming
Immunology
Exercise Essentials
Rehabilitative Exercises
Biology

Mid-Level Professional Resume

Several years of experience in this field will net you an advantage when trying to get a job, but only if you still manage to impress potential employers with a strong resume. This resume should include both professional qualifications and past job history. Note that the dietary aide resume sample below emphasizes professional goals first, then moves to a summary of skills and finally work history.

MARCUS WILDE

Phone: (312) 549-8210 | [email]
54 Webster Drive | Chicago, IL 60290

Energetic and Communicative Dietary Aide

Highly motivated with excellent knowledge of nutrition and dietary techniques as well as a strong ability to communicate nutritional needs to patients.

SUMMARY:

- Excellent meal planning skills.
- Comprehensive knowledge of nutritional plans with desire to continue learning.
- Ability to accommodate elderly and special needs patients.
- Superb organizational and attention to detail skills.
- Excellent communication skills and ability to convey the importance of proper nutrition to patients.

EXPERIENCE:

COVENANT TEACHING HOSPITAL, Chicago, IL

Dietary Aide, 3/2012 to Present

Develop nutritional guidelines and meal plans for patients. Evaluate patient medical records to determine what special requirements they may have. Communicate with healthcare professionals and registered dietitians about potential nutritional goals. Key outcomes include:

- Created and developed menus which are currently used in patient rooms at all hospital levels.
- Developed communication skills through presentations made to patient and healthcare populations.
- Reduced occurrence of allergic reactions and food-related health issues by 21%.

NORTH BAY DIETARY CONSULTANTS, Canton, OH

Dietary Aide, 10/2010 to 3/2012

Performed clinical assessments and provided dietary counseling to individuals in need of a special nutritional plan. Provided general dietary advice to customers seeking to improve vitamin intake and/or lose weight. Communicated with dietitians, administrative staff, and diverse customer population. Key outcomes included:

- Performed comprehensive nutritional reviews and developed care plans for customers.
- Provided referrals to customers who needed further medical evaluation.
- Initiated intervention program which allowed individuals who needed to discuss nutrition with family and friends a confidential venue to do so.

EDUCATION

University of Cincinnati, Cincinnati, OH

Associate of Science in Nutrition Sciences, 5/2010

Experienced Professional Resume

Dietary aides who have had multiple job experiences or who have had one job that lasted for many years are considered to be experienced professionals. At this stage, your dietary aide resume likely looks like a laundry list of previous work experiences, but you still need to remember to include your own personality and goals in it. Use the dietary aide sample resume provided here as a guideline when you try to strike the right balance between personal qualities and job history.

Rejeanne Jackson

[email]

841 Jalbert Lane | Chicago, IL 60290

Home: 312.623.2413 | Cell: 312.641.4512

DIETARY AIDE | STRONG PATIENT FOCUS

Highly driven and communicative dietary aide with a passion for nutrition and a constant desire to expand an already-strong base of knowledge. Very well-versed in modern nutrition findings and meal planning. Knowledgeable of special dietary considerations such as diabetes and gluten allergies.

Core Knowledge and Skills:

- Meal planning
- Elderly and geriatric patients
- Goal identification and motivation
- Cooperation with healthcare providers
- Special dietary needs
- Exercise regimens
- Patient communication

- Research and discovery of new learning opportunities

Dietary Aide, Henton Community Hospital

Dietary Aide, Henton Community Hospital

2010-Present

Provide active supervision and coordination to food delivery and cafeteria employees within hospital structure. Identify and execute new menu selections. Ensure that patient feedback is taken into account when developing new meal options.

- Assist in one-on-one nutritional evaluations with patients.
- Provide long-term meal planning for individuals with dietary revision needs.
- Train patients in food journal and meal tracking methods.
- Provide informational material on health and exercise benefits.
- Communicate with patients, families, and healthcare providers to ensure that long-term nutritional needs are met in the most comprehensive manner possible.

Dietary Aide, Murray Garfield National Hospital

2007-2010

Provided supervision and instruction in scheduling of meals and menu allocations. Discussed individual meal plans with patients and healthcare providers. Ensured that patients were properly informed of their nutritional needs and options prior to the introduction of a dietary change.

- Focused primarily on high-needs patients who needed immediate intervention.
- Provided specialized meal plans for diabetic patients.
- Coordinated with doctors, nurses, and registered dietitians in planning meal schedules.

Dietary Assistant, Murray Garfield National Hospital

2007

Prepared meals for patients and ensured that food provided was fresh and properly cooked. Delivered meals to patients. Provided advice on meal planning and food orders. Remained informed of nutritional research and changes in dietary trends.

- Took orders from patients and ensured that they were delivered promptly.
- Collaborated with nutritional team in order to ensure that patient needs were met.
- Provided training and instruction for other members of the nutritional staff.

Associate of Science, University of Wisconsin

Graduated with an Associate Degree in Nutritional Science

Grade Point Average: 3.5 on a 4.0 scale

2002-2006

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