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## First Cook Resume

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### Job Objective

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To obtain a First Cook position that fully utilizes my experience and abilities.

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### Highlights of Qualifications:

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- Substantial experience of food menu planning, cooking, presentation and handling
  - In-depth knowledge of culinary measurements, inventory management and stock rotation
  - Remarkable knowledge of proper temperatures for food storage and cooking
  - Familiarity with kitchen operations and use of kitchen machinery and tools
  - Ability to comply with established health, hygiene and safety regulations
  - Ability to interact with suppliers and kitchen staff in a professional manner
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### Professional Experience:

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First Cook  
Guest Services, Inc., New York, NY  
August 2012 – Present

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### Responsibilities:

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- Checked and verified the quality of raw food materials before use in preparing food.
- Planned menus, followed recipes and cooked menu items, accordingly.
- Cooked and delivered large volume of food in a timely manner.
- Ordered, procured and utilized all required food materials and related supplies.
- Assisted with scheduling of kitchen staff and provided instructions to them regarding kitchen operations.
- Cleaned and organized kitchen equipments and work area, in a safe and hygienic manner.

First Cook  
MyFoodRecruiter.com, New York, NY  
May 2009 – July 2012

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### Responsibilities:

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- Determined quantities and calculated costs of required food materials and ingredients.
  - Planned, created and followed menu recipes, in an efficient manner.
  - Prepared, cooked and served various types of meals listed in the menu.
  - Employed proper food preparation and handling techniques and maintained HACCP infection control standards.
  - Scheduled and assigned work to all kitchen personnel and supervised their job activities.
  - Operated and maintained a variety of food preparation equipments, safely.
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### Education:

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Bachelor's Degree in Culinary Arts  
Dickinson State University, Dickinson, ND

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