
Fitness Consultant Resume

Job Objective

To obtain a Fitness Consultant position in an environment where I get a chance to utilize my knowledge and experience.

Work Experience:

Fitness Consultant, August 2005 – Present
Transcend, Lilburn, GA

- Provided assistance on fitness plans to group members and maintained hygienic work environment.
- Communicated with Fitness Supervisor regarding post-rehab members.
- Greeted and registered all fitness center members upon arrival.
- Assisted new members with membership sign-up procedures.
- Processed fitness class registrations and scheduled massage therapy and fitness assessment appointments.

Fitness Consultant, May 2000 – July 2005
Kingston, Inc., Lilburn, GA

- Promoted fitness center to all potential members.
 - Upheld equipment and reported breakdowns if any.
 - Performed various cleaning tasks of equipment and facility.
 - Maintained necessary records and sold fitness center memberships.
 - Responded to inquiries in a polite and friendly fashion.
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Summary of Qualifications:

- Great experience working as Fitness Consultant
 - Sound Knowledge of general fitness and exercise
 - In-depth knowledge of basic fitness and health related equipment
 - Strong Microsoft skills including PowerPoint, Excel and Word
 - Ability to work closely with diverse group of people
 - Ability to provide safe and accurate fitness assessments
 - Excellent communication and organizational skills
 - Amazing ability to work independently in a fast paced environment
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Education:

Bachelor of Science in Biology, McNeese State University, Louisiana, LA

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