Fitness Coordinator Resume

Job Objective

To obtain a Fitness Coordinator position that will promote growth, stability and opportunity for advancement.

Work Experience:

Fitness Coordinator, May 2004 – Present Spinix, Monsey, NY

- Overseen all aspects of the athletic department operations and ensured that the financial performance of the athletic department meets budget.
- Overseen all operating practices, policies and systems that are necessary for achieving the department's and the Club's strategic and business plan goals.
- Overseen all fitness programming, policies and systems that are necessary for achieving the department's and club's strategic and business plan goals.
- Ensured financial success of the athletic department through correct pricing of services.
- Monitored and managed employee partner payroll and lesson payments.

Fitness Coordinator, March 2002 – April 2004 Sam,in., Monsey, NY

- Handled payroll functions for the department.
- Ensured athletic operating standards of the company and club are met in every action.
- · Created, coordinated resources, implemented, marketed and sold fitness programs and services.
- Assisted in the delivery of department services.
- · Ensured strict adherence to policies, procedures, manuals, memos, oral instructions while providing services.

Summary of Qualifications:

- · Certified Personal Trainer with experience working in commercial and corporate fitness industry
- In-depth knowledge of fitness testing, group exercise instruction, and wellness education
- · Sound knowledge of anatomy and kinesiology with applications to developing personal exercise programs
- Good knowledge of Vitamins and dietary supplements
- Excellent verbal and written and communication skills
- Exceptional problem solving and analytical skills
- Amazing ability to understand and follow detailed oral and written instructions
- Remarkable ability to prioritize work tasks, multi-task, and maintain focus

Education:

Bachelor's Degree in Health and Fitness Management, Niagara University, New York, NY

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