
Fitness Manager Resume

Job Objective

Seeking work as Fitness Manager with company to advance my skills and career in this field.

Highlights of Qualifications:

- Certification in personal training programs
 - Experience in providing training to individuals in club environment
 - Sound knowledge of exercises and processes
 - Profound knowledge of present trends and techniques
 - Ability to operate computer systems
 - Ability to work on flexible schedule
 - Good communication skills
 - Skilled to use various equipments
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Professional Experience:

Fitness Manager
Gold's Gym, Livermore, CA
October 2008 – Present

- Supervised efficient working of personal training staff.
- Maintained and achieved all objectives for training sales.
- Performed payroll calculations and commissions.
- Assisted members to achieve fitness objectives efficiently.
- Maintained efficient staff coverage on floor.
- Provided continuous training programs to trainers.
- Designed and implemented fitness programs.
- Monitored inventory of supplies and equipments and placed orders.

Fitness Specialist
Loyola Center for Fitness, Livermore, CA
May 1998 – July 2003

- Ensured opening and closing of center as per schedule.
- Provide instructions to all group exercise classes.
- Performed regular test on fitness center.
- Assisted members with use of various equipments at center.
- Evaluated fitness center applications and forms.
- Ensured compliance to all required protocols.

Fitness Coach
UnitedHealth Group, Livermore, CA
August 2003 – September 2008

- Greeted all students with courtesy.
 - Assisted student with session knowledge.
 - Participated in all staff meetings quarterly and monthly.
 - Managed communication with all in water instructors.
 - Evaluated student requirements and performance to develop schedule.
 - Organized seminars for all aquatic staff.
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Education:

Bachelor's Degree in Fitness Management
Valdosta State University, Valdosta, GA

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