
GYM ASSISTANT RESUME

Objective:

To obtain a Gym Assistant position which will challenge me and help the organization continue to be successful.

Summary of Skills:

- Familiarity with physiotherapy and nutrition, sales and nursing
 - Ability to explain the prices and programs
 - Ability to make call referrals and set appointments
 - Ability to place lead bags, call lead slips, handle incoming phone inquiries
-

Work Experience:

Gym Assistant

Rock Climbing Gym, Grand Rapids, MI.

August 2005 to till date

- Assisted in body measurements, goal setting, teaching the Curves circuit workout, weight loss instruction.
- Prepared Curves workout, phone and price presentation certification program.
- Managed and developed guest production.
- Evaluated the needs and goals of guests.

Gym Assistant

Gold's Gym, Grand Rapids, MI.

May 2000 to July 2005.

- Acknowledged every member every time and responded to member feedback.
 - Interacted with members in a friendly and polite manner.
 - Created a welcoming and friendly environment for club members and colleagues.
 - Participated in member and staff functions and events.
 - Ensured all attendees are comfortable and feel included.
 - Ensured the presence of club in a high standard of cleanliness, tidiness and hygiene.
-

Education:

Associate Degree in Business Management & Administration

University of Florida, Gainesville, FL

[Build your Resume Now](#)