
Gymnastic Instructor Resume

Job Objective

Looking for the job of a Gymnastics Instructor so as to utilize my skills of teaching and help the students to achieve their goals and objectives.

Work Experience:

- Gymnastics Instructor, 2006 to Present
 - Seattle Pacific University, Seattle, WA
 - Instructed physical movement including tumbling, bending, lifting, standing, walking and pushing with arms and hands.
 - Taught fitness, athletic, sports activities and techniques.
 - Planned and conducted recreational activities.
 - Instructed about gymnastic equipment such as weights and trampolines.
 - Monitored recreational activities to ensure safety and provided emergency and first aid assistance.
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Summary of Qualifications:

- Excellent working knowledge of basic techniques used for instructing gymnastics
 - Extended ability to monitor exercises and practice sessions
 - Sound knowledge of gymnastic equipment
 - Immense ability to demonstrate gymnastic skills by jumping, lifting, tumbling, running and hearing clearly
 - Flexibility, balance, strength, self motivated and agility
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Education:

B.S in Fitness Exercise, 2004, Brown University
Gymnastics Coach Certification, 2006, Johns Hopkins University

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