
Health Coach Resume

Job Objective

Looking for the job of Health coach where I can utilize my skills in coaching and develop various training programs to increase the strength and stamina of athletes.

Summary of Qualifications:

- Excellent organizational and time management skills.
 - Profound knowledge in principles of health.
 - Solid experience in variety of clinical techniques and medical field.
 - Immense ability to develop a health plan.
 - Sound knowledge in nutrition, weight management and stress reduction.
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Work Experience:

- Health Coach, 2007 – Present
 - Horace Greeley High School, NY

 - Planned and conducted health-related seminars and training courses.
 - Provided appropriate health education to reduce lifestyle related health risks.
 - Explained the benefits and incentives of health plans.
 - Demonstrated fitness and exercise techniques to athletes.
 - Implemented and monitored individualized health and lifestyle.
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Education:

B.S in Psychology, 2005, St.Thomas University M.S in Health Education, 2007, Goucher College, USA

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