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## Holistic Nutritionist Resume

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### Job Objective

To obtain a Holistic Nutritionist position in a reputed organization.

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### Highlights of Qualifications:

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- Substantial experience of conducting nutrition assessment and developing holistic nutrition-based programs for clients
  - In-depth knowledge of human nutrition, stress management and pain management
  - Exceptional knowledge of homeopathy practices and various dietary theories
  - Proficient in using Microsoft Word, Excel, Power Point, Outlook, and Internet service
  - Ability to handle and work with sensitive and confidential information, carefully
  - Ability to develop and maintain positive relationships and communications with staff and clients
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### Professional Experience:

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Holistic Nutritionist  
LocumTenens.com, LLC, Springfield, MA  
August 2012 – Present

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### Responsibilities:

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- Planned, formulated and implemented personalized menu plans and specialized diets for patients.
- Counseled patients and their families on healthy diet, lifestyle choices, emotional factors and social issues.
- Provided appropriate educational materials, community resources and rehabilitation services to clients.
- Conducted nutrition and health screening, personal training and group fitness classes.
- Trained patients with special needs, to perform daily living activities independently.
- Attended health lectures and training seminars, conducted by doctors and alternative health practitioners.

Holistic Nutritionist  
Ochsner Health System, Springfield, MA  
May 2009 – July 2012

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### Responsibilities:

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- Measured and assessed nutritional requirements of each client, on basis of various factors.
  - Developed and implemented customized meal plans and dietary restrictions, for all clients.
  - Educated clients about healthy food choices, food-label reading, and food composition.
  - Counseled clients on dietary-related disorders and prevention of nutrition-linked diseases.
  - Created and published health & wellness articles for health-related website.
  - Organized and conducted holistic cooking classes, health food tours, community activities and health walks, as required.
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### Education:

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Bachelor's Degree in Holistic Nutrition  
Rice University, Houston, TX

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