
Life Skills Instructor Resume

Job Objective

Look forward to join your esteemed organization, as a Life Skills Instructor and utilize all my teaching and communication skills as well as my educational experience.

Work Experience:

- Life Skills Instructor, 2006 to Present
 - Life Skills School, West Palm Beach, FL
 - Instructed students through the stages of self discovery and behavior identification.
 - Taught people by using specially developed techniques, tools, methodology and philosophies.
 - Instructed students about self awareness skills including awareness of rights, attitudes, strengths and weaknesses.
 - Taught money management, hygiene, basic literacy and numeracy.
 - Instructed good communication, decision making, interpersonal and problem solving skills to students.
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Summary of Qualifications:

- Excellent knowledge of psychology, sociology, social work and behavioral science
 - Extensive problem solving and decision making skills
 - Extended ability to participate in the process of developing goals and working on solutions
 - Strong critical thinking, negotiation and refusal skills
 - Sound self esteem, self assessment, self evaluation and self monitoring skills
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Education:

B.S in Physical Education, 2004, Carnegie Mellon University
Life Skills Coach Training Certificate, 2006, Brown University

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