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## Mental Health Counselor Resume

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### Job Objective

To obtain a challenging position as a Mental Health Counselor to help people in enhancing their potential.

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### Work Experience:

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- Mental Health Counselor, 2006 to Present
  - Princeton House Behavioral Health, Princeton, NJ
  - Conducted psychological tests.
  - Counseled and supported people on a wide range of mental health issues.
  - Conducted various programs and services to promote optimum mental health.
  - Evaluated patients for risk of suicide attempts.
  - Assisted patients deal with self-esteem issues, suicidal impulses, addictions, substance abuse and stress management.
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### Summary of Qualifications:

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- Strong convincing skills
  - Immense ability to identify pathological signs and symptoms
  - Wide knowledge of research methods in psychology
  - Broad knowledge of family therapy, cognitive behavioral therapy, grief counseling and group counseling
  - Excellent knowledge of therapeutic techniques such as depression, stress, addiction, substance abuse and suicidal impulses
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### Education:

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B.S. in Psychology, 2004, Cornell University  
Psychiatric & Mental Health Nursing Certification, 2006, Florida State University

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