
Mental Health Counselor Resume

Job Objective

To obtain a challenging position as a Mental Health Counselor to help people in enhancing their potential.

Work Experience:

- Mental Health Counselor, 2006 to Present
 - Princeton House Behavioral Health, Princeton, NJ

 - Conducted psychological tests.
 - Counseled and supported people on a wide range of mental health issues.
 - Conducted various programs and services to promote optimum mental health.
 - Evaluated patients for risk of suicide attempts.
 - Assisted patients deal with self-esteem issues, suicidal impulses, addictions, substance abuse and stress management.
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Summary of Qualifications:

- Strong convincing skills
 - Immense ability to identify pathological signs and symptoms
 - Wide knowledge of research methods in psychology
 - Broad knowledge of family therapy, cognitive behavioral therapy, grief counseling and group counseling
 - Excellent knowledge of therapeutic techniques such as depression, stress, addiction, substance abuse and suicidal impulses
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Education:

B.S. in Psychology, 2004, Cornell University
Psychiatric & Mental Health Nursing Certification, 2006, Florida State University

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