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# NUTRITION ASSISTANT RESUME

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## Objective:

To obtain the position as Nutrition Assistant to ensure the smooth and conflicts free functioning of all operations of the organization.

## Summary of Skills:

- Remarkable experience in maintaining proper nutritional values with food
- Familiarity with mathematical computations including food measurement conversions
- Flexible with varied shift hours
- Ability to maintain a professional representation of the department and organization
- Ability to perform, multitask and provide accurate information

## Work Experience:

Nutrition Assistant  
Unity Health Care, Inc., McLean, VA  
August 2005 to till date

- Assisted clinical dietitian in modifying menus.
- Identified clients with special nutritional needs.
- Obtained food preference.
- Clarified food allergy and other information pertinent to the nutrition of the patient.
- Monitored calculated calorie, sodium, and fat controlled patient selections.
- Assisted the Nutritionist in obtaining pertinent nutritional information.

Nutrition Assistant  
Hoag Hospital, McLean, VA  
May 2000 to July 2005

- Delivered nutrition service to patients.
- Obtained patient Room Service selections according to the diet prescription.
- Provided late night meal service, when assigned.
- Assisted the Nutrition team in obtaining patient menu preferences.
- Organized time, supplies and equipment efficiently and effectively.

## Education:

Bachelor's Degree in Nutrition and Dietetics  
Philadelphia University, Philadelphia, PA

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