
Sports Instructor Resume

Job Objective

In a quest of challenging teaching position as a Sports Instructor utilizing creativity and a genuine desire to educate.

Work Experience:

- Sports Instructor, 2006 to Present
 - Ashland University, Ashland, OH
 - Instructed aerobics, stretching and calisthenics.
 - Conducted and coordinated competitions and tournaments.
 - Monitored exercising safely and effectively.
 - Instructed the skills and techniques of various sports.
 - Motivated and encouraged people in order to get the best performance from them.
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Summary of Qualifications:

- Wide knowledge of the cardiovascular system and human anatomy
 - Sound knowledge of physiology, muscular function, anatomy and exercise program implementation
 - Profound ability to instruct the skills and techniques of several sports to a wide range of people from beginners to experts
 - Strong experience in instructing martial arts, tennis, swimming and baseball
 - Broad knowledge in exercise science and injury prevention
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Education:

B.S in Fitness Exercise, 2004, Brown University
Fitness Instructor Certification, 2006, Carnegie Mellon University

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