
Weight Loss Dietitian Resume

Job Objective

Seeking to work as Weight Loss Dietitian for the right company where I can provide excellent service to the customers.

Highlights of Qualifications:

- Extensive experience of client-specific weight loss management and counseling activities
 - In-depth knowledge of human digestion and nutrient absorption physiology
 - Remarkable knowledge of nutrition industry trends and behavior modification techniques
 - Familiarity with one-to-one client counseling practices
 - Ability to communicate with various customers and healthcare professionals, in a professional manner
 - Ability to protect and preserve confidentiality of patient-related information
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Professional Experience:

Weight Loss Dietitian
Freeman Health System, Garden City, NY
August 2012 – Present

Responsibilities:

- Educated and counseled pre-operative and post-op bariatric patients on dietary compliance and nutrition intake.
 - Conducted nutrition assessment and assisted with screening of at-risk clients, for bariatric surgery.
 - Provided nutrition-based support to clients and prepared personalized nutrition care plan.
 - Created, evaluated, approved, and provided client-specific meal plans and recipes.
 - Regulated and tracked vitamin and mineral supplement intake of clients.
 - Evaluated client-related clinical data and modified diet regime, accordingly.
 - Prepared and completed all required documents and reports, accurately and on time.
 - Contacted clients and followed up with them via emails and phone calls.
 - Trained and guided clinic staff and physicians, regarding nutritional practices and issues.
 - Researched and reviewed information related to obesity and nutrition, as needed.
 - Visited clients' locations and delivered public lectures related to weight loss and diets, when needed.
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Education:

Bachelor's Degree in Foods and Nutrition
Lindenwood University, Saint Charles, MO

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