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## Wellness Coach Resume

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### Job Objective

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Looking forward to join your esteemed organization as a Wellness coach.

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### Work Experience:

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- Wellness Coach, 2007 – Present
  - Stratford INC, TX
  - Promoted wellness and provided education regarding preventative care measures.
  - Conducted onsite health-related wellness seminars.
  - Developed a wellness coaching relationship with clients.
  - Planned and conducted demonstration on various skin care and health product lines.
  - Maintained the cleanliness of the fitness area and conducted fitness orientations.
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### Summary of Qualifications:

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- Broad knowledge of mental health laws and ethics
  - Solid knowledge of specific disease and lifestyle
  - Wide knowledge of principles of health behavior change
  - Substantial understanding of nutrition
  - Immense ability to improve health outcomes and reduce health costs for individuals
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### Education:

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B.S in Nursing, 2005, University of Idaho M.S in Nutrition, 2007, Louisiana Tech University

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