
Wellness Manager Resume

Job Objective

Respected Wellness Manager seeks position where my skills would be used for the betterment of the company and its employees.

Highlights of Qualifications:

- Admirable experience in providing health promotion and administering various wellness programs
 - Deep knowledge OSHA regulations and safety concepts
 - Operational knowledge electronic medical records
 - Good understanding of basic principles of fitness, safe movements and exercises
 - Wide knowledge of program development, fitness education, and supervision
 - Immense ability to develop curriculum for various resources
 - Sound ability to supervise employees in wellness department
 - Skilled to analysis various plan designs
 - Amazing communication skills in both oral and written form
-

Professional Experience:

Wellness Manager

Devon Energy Corporation, Seattle, WA

October 2008 – Present

- Developed various wellness programs and ensured satisfaction for residents and employees.
- Managed all local programs and assisted in developing various physical and intellectual health programs.
- Developed business plans and improvements and documented all process.
- Designed and ensured compliance to budget for various work units.
- Oversaw functioning of wellness staff and performed necessary hires and training programs to improve efficiency.
- Supervised all activity programs and prepared activity calendar for staff.
- Maintained event statistics for Wellness Center.
- Monitored all equipment and supplies and ordered as required.

Wellness Consultant

Earth Fare, Inc, Seattle, WA

August 2003 – September 2008

- Maintained good relationships with clients and staff and ensured optimal quality of wellness services to clients.
- Managed vendors and negotiated on price and ensured logistics for all.
- Coordinated with clients and identified strategies for wellness services.
- Prepared wellness proposals for prospective clients.
- Performed hires and necessary interviews for various vendors.
- Monitored all expenses and revenues for wellness facility.

Wellness Coordinator

Linden Ponds, Seattle, WA

May 1998 – July 2003

- Assisted manager in managing all wellness programs effectively.
 - Developed and maintained all wellness related activities.
 - Maintained a safe environment at all times and ensured optimal services to clients.
 - Developed awareness programs for various wellness programs and services.
 - Evaluated all wellness programs and ensured achievement of all goals.
-

Education:

Bachelor's Degree in Human Resources

Allen University, Columbia, SC

[Build your Resume Now](#)